

## The Most Holy TRINITY, Year B

### ENTRANCE ANTIPHON:

**Blest be God the Father  
and the Only-Begotten Son of God,  
and also the Holy Spirit,  
for he has shown us his merciful love.**

### FIRST READING:

A reading from the book of Deuteronomy 4:32-34, 39-40

Moses said to the people: 'Put this question to the ages that are past, that went before you, from the time God created man on earth: Was there ever a word so majestic, from one end of heaven to the other? Was anything ever heard? Did ever a people hear the voice of the living God speaking from the heart of the fire, as you heard it, and remain alive? Has any god ventured to take to himself one nation from the midst of another by ordeals, signs, wonders, war with mighty hand and outstretched arm, by fearsome terrors - all this that the Lord your God did for you before your eyes in Egypt?

'Understand this today, therefore, and take it to heart: The Lord is God indeed, in heaven above as on earth beneath, he and no other. Keep his laws and commandments as I give them to you today so that you and your children may prosper and live long in the land that the Lord your God gives you for ever.'

The Word of the Lord. **All: Thanks be to God**

### RESPONSORIAL PSALM:

**Happy the people the Lord has chosen to be his own.**

The word of the Lord is faithful and all his works to be trusted.

The Lord loves justice and right  
and fills the earth with his love. **(R.)**

With his word the heavens were made,  
by the breath of his mouth all the stars.  
He spoke; and they came to be.  
He commanded; they sprang into being. **(R.)**

The Lord looks on those who revere him,  
on those who hope in his love,  
to rescue their souls from death,  
to keep them alive in famine. **(R.)**

Our soul is waiting for the Lord.  
The Lord is our help and our shield.  
May your love be upon us, O Lord,  
as we place all our hope in you. **(R.)**

### SECOND READING:

A reading from the letter of St Paul to the Romans 8:14-17

Everyone moved by the Spirit is a child of God. The spirit you received is not the spirit of slaves bringing fear into your lives again; it is the spirit of children, and it makes us cry out, 'Abba, Father!' The Spirit himself and our spirit bear united witness that we are children of God. And if we are children we are heirs as well: heirs of God and coheirs with Christ, sharing his sufferings so as to share his glory.

The Word of the Lord. **All: Thanks be to God**

### GOSPEL ACCLAMATION:

**Alleluia, alleluia!**

Glory to the Father, the Son, and the Holy Spirit:  
to God who is, who was, and who is to come.

**Alleluia!**

## **GOSPEL:**

A reading from the holy gospel according to Matthew 28:16-20

The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up to and spoke to them. He said, 'All authority in heaven and on earth has been given to me. Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.'

The Gospel of the Lord.

**All: Praise to you, Lord Jesus Christ**



## **COMMUNION ANTIPHON:**

**Since you are children of God,  
God has sent into your hearts the Spirit of his Son,  
the Spirit who cries out: Abba, Father.**

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### **READINGS NEXT WEEK:**

**The Most Holy BODY and BLOOD of CHRIST, Year B**

First Reading: **Exodus 24:3-8**

Second Reading: **Hebrews 9:11-15**

Gospel: **Mark 14:12-16, 22-26**

## **AN ACT OF SPIRITUAL COMMUNION**

My Jesus,  
I believe that You are in the Blessed Sacrament.  
I love You above all things, and I long for You in my soul.  
Since I cannot now receive You sacramentally,  
come at least spiritually into my heart.  
As though you have already come,  
I embrace You and Unite myself entirely to You:  
never permit me to be separated from You.  
Amen